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Herding as preparation for war

Preparation for war began in youth. When boys were about ten or twelve they were sent to herd goats or calves; when they were older they herded the cattle. At this time the boys were in the bush with their elders who were often haughty and fierce. The older herders taught the boys how to fight and how to defend themselves. They taught them to fight with twigs and sticks; the older herders fought with *izinduku* (knobkerries) and *izinkhonjo* (wooden swords). They were not allowed to fight with real spears though some had them. The older herders stirred up the hearts of the younger to fight and taught them to strike each other with knobkerries and to use little shields. If the herders of one village met the herders of another, the bulls were teased till they fought, and the little herders also. The small herders were not allowed to say anything about the herding to their parents. The older herders also loved to fight as in war with those of other villages. At such times the older men and even the elders came out from the village to see the battle and to stir up the hearts of the boys. If the herders of one village ran away they were laughed at, but the winners were greatly praised.

At the time when the cattle ate the refuse in the maize-gardens, after harvest, fighting most often broke out. Some of the boys provoked their neighbours to go and drive the cattle into the maize-fields of another village deliberately. The custom was that cattle might eat in the maize-gardens of their own village and the boys ought to ask if they may go into the fields of others. The herders did this to annoy the other herders and to start a fight. Often a great struggle was the result and the young men of the village who had outgrown herding joined in the fight to help the youngsters of their village. But they did it sensibly, none caused a wound with a spear, for anyone who did that was punished by law.

So the boys grew accustomed to the first steps in fighting which would help them later in war. Those who knew how to protect themselves with a knobkerry and small shield had no scars on their heads, but there were many long ago who had scars from fighting in the herding time. Children of the chief were in the same predicament—if they could not defend themselves they were beaten by their herding companions and possibly got their heads broken. The flowing of blood was not considered very serious, only if one did it in a stealthy way then he had to pay compensation. In this way the boys grew up with stout hearts and loved fighting.

Another thing which excited the boys was the custom of whistling. The boys were very expert and quick in expressing changes of mood in whistling. This was done so that the cattle would go carefully or quickly, but also when they were fighting the herders loved to whistle and even the older men in war did so also. The whistling stirred up the hearts of those who were thinking of running away. There were many ways of whistling and some were very good at it.

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Enlistment

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When the young men reached the age of 21–26 they left off herding. Sometimes it was their fathers who stopped them, sometimes they themselves wished to stay at home. They took their shields (*amahawu*) and

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clan and for women of leading Swazi and trans-Zambesi clans. Two of the texts emphasised the distinction conferred on the royal women by special clothing. Cibambo described the use of well-dressed soft skins and of beads and wire, the beads brought with them from the south, the brass wire obtained from the Arabs. In NaNdumbu's text she mentioned cloth bought from the stores. After the Ngoni women gave up wearing soft leather for skirts and the long piece of leather draped from the left shoulder, they used strong cotton cloth of dark blue or black, originally brought by the Arabs and later stocked by the stores. They tied the main cloth under their arms in a draped knot over the breast and on ceremonial occasions they added another fastened on the left shoulder like a plaid. A woman who had been a young girl in the village of Paramount Cikusi, but was not of a leading clan, said that in this village there was a great difference between the royal women and the rest: 'Only the daughters of Cikusi and his big wives could wear dark cloth as the Ngoni do. The others would have been killed if they tried to look like the big women'.

The royal women and the big wives and widows of chiefs and *ahumuzana* were treated by all with whom they came in contact with the distinction and respect due to their prestige. They were addressed and thanked by the term *Nkomo*, with the clan name and the honorific prefix added, except where, as in the case of Bambo Manga, a title had been conferred. She was thanked '*Nkomo Bambo*'.[1] *Ukuhlonipa*, and its Nyanja equivalent *kulemekeza*, meaning to honour and to behave in a respectful manner towards senior people and those of superior rank, was an expression constantly used by the Ngoni and by the other peoples in the Ngoni kingdoms. The forms of showing respect were partly verbal; partly in the position adopted, with the eyes cast down and a slight curtsey by the women when facing someone; partly in the tone of voice when speaking; and partly in the deliberate and controlled behaviour noticed by several early travellers in Nyasaland. A particular verbal form of respect practised by the royal women was the use of the *hlonipa* vocabulary. I found this practice surviving only in the Emcisweni area in northern Ngoniland where the Ngoni language was still spoken, but informants said that it had been common to all married women of trans-Zambesi clans in the northern kingdom when they had spoken Ngoni among themselves. The *hlonipa* vocabulary consisted of the substitution of special words, known only to the women, in order to avoid using a word in which the main syllable of a man's name occurred—a man with whom they were connected by marriage or by affinal relationship.[2] Thus Zwangendaba's wives and widows could

[1] *Bambo* (father) was a term of respect used for important senior men.

[2] *Hlonipa* as a form of special vocabulary was widely practised among the Nguni groups in South Africa. Hoernlé, A. W. 'Social Organisation', in *The Bantu-speaking Tribes of South Africa*, pp. 74, 77.

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never use any word in which *indaba* (meeting or affair) occurred. They substituted *incayo* for *indaba* and spoke of him as Zwangencayo. The women of the Ngomezulu clan could never use the word *ilanga* (sun) for which they substituted *ijiko*, since Langa was the name of the father of Zwide who had married into the Ngomezulu clan.

Though the particular verbal form of *hlonipa* which the Ngoni royal women brought from the south survived only in one area of northern Ngoniland, the concept inherent in it and the attitudes of honour and respect which it implied were expressed in the use of *Nkomo* in thanking and in the other non-verbal forms already mentioned. Manga, the Royal Sister of Cikusi, was as we have seen, thanked '*Nkomo Bambo*' but also with the formula '*Zikomo mntwana wenkosi*' (thanks, child of the Paramount). Among the central Ngoni there were two expressions of thanks which were probably a relic of *hlonipa* vocabulary since they were used only by the leading women. The customary form of thanking, and of taking leave after a conversation or after getting a reply to a question, was '*Zikomo*' with the clan name and honorific prefix added. The royal women in this area, when making the response to this form of thanking, always replied '*Zaithwa*' with the clan name, and they thanked each other by '*Zimata*' with the clan name instead of '*Zikomo*'. When I observed this and used it myself, they nudged each other and said 'She also is one of us.'

We have discussed so far the outward signs of respect shown to the royal women, and the visible marks of distinction in their clothes and the number of their attendants. We shall now examine the way in which the authority of the royal women was exercised. This will give some indication of their relationship to the political organization of the kingdoms, in so far as they had certain responsibilities to the people as a whole, and to their husbands and sons within the royal village where they lived. At the royal village the Queen Mother and her co-widows shared with the wives of the two leading houses to the right and left of the *indlunkulu*, the responsibility for preparing and serving food and beer for the Paramount and those whom he called to eat with him. The text by NyaNsangu[1] describes the etiquette of beer drinking in one of the chiefdoms in the northern kingdom, of sending food to the chief when he ate in the cattle kraal, and of assembling the wives in order of precedence according to their houses to take their food. The formality of this etiquette was characteristic of Ngoni eating and drinking, and it was maintained by the organization and forethought of the royal women, the big wives and mothers of the Paramount, who planned the work of their own households and supervised that of the lesser wives who were attached to the two main houses.

[1] The procedure described in the text applied equally to the Paramount's village and to the villages of ruling chiefs. The Ngoni in that area used the term '*inkosi*' for chief as well as for Paramount.

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the Paramount and all the Ngoni leaders. Part of their excitement was expressed by the youths in whistling, an accomplishment much esteemed by the Ngoni. Herd-boys learned to whistle in one fashion in imitation of birds to lure them to the traps. They whistled in another way to make the cattle move faster to and from the grazing grounds, and in a more provocative way to stir up the bulls to fight. They whistled signals to each other over long distances across the valleys, and they practised whistling at all kinds of times 'to make the tongue more nimble'. By the time they were young men they were skilled whistlers, ready to perform as an accompaniment to the individual dancers celebrating a lion kill, or to the team of youths and girls in the *ngoma* dance.

Other skills

After the wealth to be earned from cattle, the excitement of the chase and the fame acquired by lion-hunts, most other pursuits seemed tame to young Ngoni men, especially those related to cultivation. They got some fun however out of the occasional communal hoeing-parties for clearing new land, or terracing land already cleared. A gang of young men would challenge another to do an appointed task in a given time. The two parties would fall to, hoeing in a line, shouting encouragement to each other and insults to their rivals such as: 'You! You are just women. See how you hoe with your arms bent'—with bursts of whistling and singing to keep up the tempo of work.

The same gang spirit, calling for swift co-ordination and good humour, showed in the role played by young men when a hut was being built. Their part was to dig a wide shallow pit, break up the clods of earth, and pour in water carried to them by the women. Then they trampled the mud until it was mixed ready for the women to plaster on the walls. As they trampled they sang and whistled and stamped with the high knee-bending movement of the *ngoma* dance, emerging finally red-brown from toe to thigh, laughing at